

# ILN NEWS



Indiana League  
for Nursing

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## SPRING DINNER & DISCUSSION SUMMARY BY DAWN WORMAN



*ILN President Amanda Leffler*

Marian University was the host site of the Indiana League for Nursing's (ILN) June Dinner and Discussion on June 5, 2019. The evening began with viewing of informative IMPACT (innovation, mentoring, practice, advocacy, communication, and teaching) posters. ILN President **Amanda Leffler** welcomed guests and announced the ILN had been awarded a \$10,000-dollar grant from the Indiana Organization of Nurse Executives (IONE) to host a National Council of State Boards of Nursing (NCSBN) NCLEX regional test writing workshop in October. President Leffler stated more information would be forthcoming. The ILN was able to recognize five nurses with scholarships and awards this year. A total of three scholarship were awarded and those were: **Rachel Chattin**, MSN student at the University of Southern Indiana, **Amy Nagle**, PhD student at Purdue University, and **Corinne Djuric**, DNP student at Purdue Northwest. The ILN had the pleasure of recognizing two nurse educators with awards. The winner of the Horizon Award (< 6 years educator experience) was **Dr. Amanda Carmack** and the winner of the Excellence in Nursing Award (>6 years educator experience) was **Dr. Jennifer Embree**. Following the presentation of awards, **Dr. Jennifer Embree** and **Dr. Matt Howard** spoke with attendees on the relevant subjects of bullying and mentoring.

SPRING DINNER & DISCUSSION SNAPSHOTS



2019 SCHOLARSHIP AND NURSE EDUCATOR AWARDS



*Rachel Chattin and Amanda Leffler*



*Amy Nagle and Amanda Leffler*



*Corinne Djuric and Amanda Leffler*



*Dr. Amanda Carmack*



*Dr. Jennifer Embree*

## GLOBAL CORNER BY SHANNON MOORE

## University of Indianapolis Healthcare Spring Term Trip 2019

The University of Indianapolis (UIndy) School of Nursing's annual Spring Term Healthcare Trip to Ecuador was successful again this year! The team consisted of 30 members: doctors, nurse practitioners, translators, faculty, students, and missionaries. Over the course of six days, our medical team provided care for approximately 730 patients! Of these patients, approximately 250 were yearly examinations for Compassion Kids. In addition to providing care, the team joined a local kids bible club. The team played games, had fun with bubbles and colored a craft.

To begin the preparations, students researched climate, religion, education, politics, dress and healthcare practices of the country. To gain a better understanding of what to expect in the clinic setting, skill stations were set up. Stations included vital signs, health history, pharmacy, and ear washing. Students verbalized these activities helped prepare them for the spring term trip. While on the trip, missionaries stated the students were prepared and the clinic flow was smooth and seamless.

Common diagnoses included musculoskeletal pain, GI distress, headache, hypertension, and poor nutrition. The medical team spent time educating the patients on proper nutrition, the need to increase water, and non-pharmacological treatment for pain. Education on the importance of dental hygiene (brushing teeth) was provided to children, along with a toothbrush and toothpaste. The most common medications passed were multi-vitamins, ibuprofen, GI medications and a variety of antibiotics.

Overall, this trip was amazing. To be able to touch the lives of so many patients and families is heartwarming. Students were able to practice their skills in the clinic setting, experience a different culture, and work as a cohesive team to provide care to the people of Ecuador. Doctors and nurse practitioners were able to lay their healing hands on patients of all ages, treating problems and providing care. Missionaries were able to connect to people and spread the word of the Lord. Every single person on this Spring Term trip had an experience of a lifetime and left knowing they touched many lives in Ecuador.



*UIndy's Ecuador team*

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## NURSES ON BOARDS BY KIMBERLY HARPER

We need your help! In order to improve the health of our Indiana communities and the nation we, as nurses at all levels, need to bring our experience and knowledge to the tables where important decisions about the health of our family, friends and neighbors are being made every day. As leaders in the health outcomes of the communities in which we live, work and play, it is imperative that we each bring our voices to these important discussions.

Have you ever thought about serving your community through joining a community board or accepting a local or governmental appointment? You have much to offer and it might be easier and less time consuming than you think. Nurses find that successful board placement usually lies in nurses selecting boards where there is a strong connection to the values and passion of the individual. For example, if you have young children consider joining the board of your child's baseball or soccer league, if you have a passion for helping people who have cancer consider joining a community board that offers resources for cancer patients, or, if your passion lies with getting legislation passed that will improve some aspect of the health of Hoosiers look into getting appointed to a state or local governmental organization.

Just as nurses are highly skilled at the bedside, in the clinic, in the classroom, etc., nurses also bring a high level of skill to the boardroom. Competencies in areas such as strategic planning, team building, communication, human resources, finance, and many more make nurses sought after to fill seats on many boards and decision-making groups across Indiana and the nation. Additionally, nurses who serve in these volunteer roles frequently share that they get more personal satisfaction out of their service to the boards than the time they give.

The national Nurses on Boards Coalition (NOBC) is a collaboration between 29 of the large national nursing organizations (such as ANA, AONE, Sigma, NLN, etc.) who are working together to place more nurses into board seats across the nation. NOBC has created a website that includes several resources to help you prepare and serve as a member of a board or in an appointed position. NOBC also created a database to collect and disseminate the numbers of nurses who currently serve on boards or would like to serve. All these resources can be found at [www.nursesonboardscoalition.org](http://www.nursesonboardscoalition.org). All Indiana nurses are encouraged to register in this database to receive valuable resource tools for preparation and service as well as to let NOBC know about the boards or councils on which you currently serve by registering your board service on the site.

In addition to NOBC at the national level, Indiana has a replicated model of the national organization right here to help you prepare for success in these roles. Indiana NOBC holds quarterly "Get on Board" training sessions across the state and collects and frequently sends out board opportunities to nurses who have registered through the national database indicating their desire to serve. To gain more information about the efforts in Indiana to place nurses on boards please contact **Kimberly Harper**, MS, RN, FAAN at [kharper@ic4n.org](mailto:kharper@ic4n.org).

Your help is needed more than ever. Our fellow Hoosiers deserve having the benefit of our nursing voices heard in these important decision-making boards. We hope that each of you will consider stepping up to serve your community in this important way. Join us and "get on board"!

POLICY CORNER: NLN PRIORITIES



The National League for Nursing (NLN) has valuable resources addressing public policy, advocacy, and position statements. The NLN has outlined priority legislative issues including The Title VIII Nursing Workforce Reauthorization Act (H.R. 728/S. 1399) and the United States Cadet Nurse Corps Service Recognition Act (H.R. 2056/S.997). ILN members are encouraged to explore the Advocacy & Public Policy section of the NLN website to inform themselves and advocate for the nursing profession. <http://www.nln.org/advocacy-public-policy/government-affairs-action-center>

**ILN Board of Directors**

Amanda Leffler- President	Lori Del Vecchio
Susan Seibert- Past President	Kim Guard
Jeni Embree- President Elect	Angie Heckman
Shannon Moore- Secretary	Pamela Karagory
Mary Doerner-Treasurer	Belle McCool
Paula Baumann	Cynthia Sofhauser
Cindy Bowers	Dawn Worman



**RING OF HONOR**

Recent Past Presidents  
 Karen Harden  
 Karen Clark  
 Susan Seibert

# DRIVING THE FUTURE...



## PUBLICATIONS AND PRESENTATIONS

**Gloria Dixon, LaDonna Dulemba and Amanda Carmack** delivered a poster presentation “*Hard Habit to Break: Making a Change to a Concept-Based Curriculum*” at the Professional Nurse Educator’s Group Conference at Cleveland Clinic in October 2019.

Murray, B., **Judge, D.**, Morris, T., Opsahl, A. (2019). Interprofessional education: A disaster response simulation activity for military medics, nursing, & paramedic science students. *Nurse Education in Practice*, 39, 67-72. [doi.org/10.1016/j.nepr.2019.08.004](https://doi.org/10.1016/j.nepr.2019.08.004)

**Dawn Worman** delivered a podium presentation “*Preparing Bachelor of Science Nursing (BSN) Students to Reduce Hospital Readmissions and Improve Patient Outcomes*” at the Professional Nurse Educator’s Group Conference at Cleveland Clinic on October 4, 2019.

**Amanda Leffler** presented at IUPUI’s MSN orientation on the professional benefits of joining the Indiana League for Nursing.

**Gloria Dixon and Amanda Carmack** delivered a presentation “*Don’t Stop Believing: Using Technology to Audit Program Assessment*” at the Assessment Institute in October 2019.

## CERTIFICATIONS, SERVICE, RECOGNITION, GRANTS

**Cynthia Sofhauser** has been awarded the Alderson-Broadus University alumnus of the year

**Pamela Karagory** was welcomed as a 2019 NLN Academy of Nursing Education Fellow.

**Cynthia Sofhauser** was promoted to full professor and is now the BSN program Director at IU South Bend.

**Gloria Dixon** received the “Helen Lees Award for Excellence in Teaching”

**Mary Doerner** co-led a faculty team that applied for and was awarded an Academic Partnerships (AP) grant for RN-BSN Program Outcome Evaluation

**Debbie Judge** was recognized as The Most Outstanding Team Member at Western Governors University

Please send your accomplishments or recognize a peer who is “Driving the Future” of nursing education in Indiana to the editor Dawn Worman DNP, RN-BC, NE-BC [dmworman@usi.edu](mailto:dmworman@usi.edu).

## WEBSITES OF INTEREST

WHAT IS HAPPENING AT THE NLN?

<http://www.nln.org/>

WHAT IS HAPPENING AT THE ILN?

<http://www.nln.org/membership/constituent-leagues/indiana>

## CONFERENCES AND EVENTS

NLN Professional Development

<http://www.nln.org/professional-development-programs/calendar>

Indiana Center for Nursing (ICN) 2019 Indiana Nursing Summit: One Voice, November 4, 2019, Renaissance Indianapolis North Hotel.

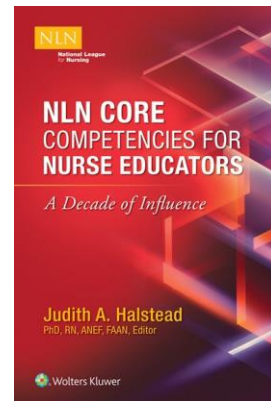
<https://www.ic4n.org/strategic-initiatives/2019-indiana-nursing-summit-2/>

2019 Sigma Convention, November 16-20, 2019, Washington, DC.

<https://www.sigmanursing.org/connect-engage/meetings-events/convention/registration/>



## BOOKS OF INTEREST



ISBN/ISSN:9781975104276

